## **Box One**

## Objects Needed

- Paper with number 1-10 on each, ideally large A3 size
- 4 pennies
- 4 small pieces of paper
- 4 pens or pencils

## The Rules

- The penny must land on a piece of paper with a number.
- Start on right leg.
- If you throw the penny and miss the piece of paper with the number you must go back to the beginning.
- The number that the penny lands on must be missed out.
- You must use all the numbers, spin round on 10 and go back.
- Pick up penny on square before landing on it, you can now use this square.
- You must jump all the way through for each number.
- Repeat for all numbers.

## Methods of Jumping

- Using left leg only
- Using both feet
- Right leg only
- Left leg only facing forward
- Right leg only facing backwards
- Both legs facing backwards